6th Asia Pacific Diabetic Limb Problems Meeting &
5th Beijing International Forum on Diabetic Foot and Related Diseases
(14-16 August, 2009, Beijing)

13 and 14 August, 2009 (Thursday, Friday)

12: 00 pm, 13th of August — 23: 00 pm, 14th of August Registration

8: 30—13: 00 Group meeting of Chinese Diabetic Foot Group—all member introduce the basic research and clinical practice in the diabetic foot care in their hospital.

13: 00—18: 10 Workshop on diabetes foot care  (one hour each round)

Group A: Examination of the diabetic feet to determine risk and data collection
Facilitators: Professor Aziz Nather (Orthopedic Surgeon, Singapore)
Dr. Yuzhen WANG (Diabetologist, China)

Group B: Diabetic peripheral vascular diseases - diagnosis based on physical examination and radiological investigations
Facilitators: Associate Professor Hongbin GU (Vascular Surgeon, China)
Associate Professor Lei ZHANG (MR-Radiologist, China)
Professor Jun FEI (CT-Radiologist, China)

Group C: Off-loading and footwear for management of foot ulceration
Facilitators: Ms. Ali Foster (Podiatrist, UK)
Mr. Ka-lun CHAN (Podiatrist, HK)

Group D: Dressings and debridement of foot ulcers
Facilitators: Ms. Vanessa Nube (Podiatrist, Australia)
MR.Adam Jorgensen (Podiatrist, Singapore)
MS. Ying LAN (Specialist nurse in foot care, China)

19: 30—21: 30 Business Meeting of Asia Pacific Diabetic Limb Problems Association
15 August, 2009 (Saturday)

8: 30—8: 45 Opening ceremony

Opening remarks from Prof. Aziz Nather  (Association of APDLP)

Prof. Demin YU  (Chinese Diabetic Foot Group)

Prof. Dennis YUE  (Organizing Committee)

Symposium 1: Overview: Epidemiology of diabetes and foot disease

8: 45—9: 00 Global burden of diabetes

Ms. Marg McGill (Australia)

9: 00—9: 30 Global burden of diabetic foot disease

Prof. Andrew Boulton (UK)

9: 30—10: 00 Tea break and Exhibition

Symposium 2: Diabetic foot disease and its management in the Asia-Pacific region

10: 00—10: 20 China

Prof. Zhangrong XU (China)

10: 20—10: 40 Singapore

Prof. Aziz Nather (Singapore)

10: 40—11: 00 Australia

Ms. Vanessa Nube (Australia)

11: 00—11: 20 Japan

Dr. Shigeo Kono (Japan)

11: 20—11: 40 Korea

Prof. Kyung-tai Lee (Korea)

11: 40—12: 00 Indonesia

Dr. Mulyono Soedirman (Indonesia)

12: 00—12: 20 Hong Kong

Dr. Wing Cheung Wong (HK)

12: 20—12: 40 Malaysia

Associate Prof. Ahmad Hafiz Zulkifly (Malaysia)

12: 40—13: 00 Discussion

13: 00—14: 00 Lunch & Exhibition

Symposium 3 Research and clinical practice

14: 00—14: 30 Diabetic neuropathy—What can clinicians learn from recent research?

Prof. Andrew Boulton (UK)

14: 30—15: 00 Bone metabolism in people with diabetes – Does it affect the feet?

Prof. Eryuan LIAO (China)
15: 00—15: 30 Classification of diabetic foot disease —which criteria is better for clinical practice and which is better for research?
Dr. Robert Frykberg (US)

15: 30—16: 00 Wound coverage and limb amputation for diabetic foot disease
Prof. Wing Yuk Ip (HK)

16: 00—16: 30 Discussion

16: 30—16: 50 Tea break

**Symposium 4 Charcot arthropathy**

16: 50—17: 20 Charcot arthropathy in the Asia Pacific region
Prof. Kyung-tai Lee (Korea)

17: 20—17: 50 Charcot arthropathy—current theories on pathogenesis and medical management
Prof. Michael Edmonds (UK)

17: 50—18: 20 Charcot arthropathy— indications for surgery in the acute and chronic phases
Dr. Robert Frykberg (US)

18: 20—18: 40 Discussion

19: 00— Conference Dinner

16 August, 2009 (Sunday)

**Symposium 5: Diabetic peripheral artery disease**

8: 00—8: 15 Epidemiology
Prof. Zhangrong XU (China)

8: 15—8: 30 The role of DSA in diagnosis
Dr. Jian CHANG (China)

8: 30—8: 45 The role of MR and CT angiogram in diagnosis
Associate Prof. Lei ZHANG (China)

8: 45—9: 00 Medical treatment
Dr. Yuzhen WANG (China)

9: 00—9: 15 Interventional Procedures
Prof. Baixi ZHUANG (China)

9: 15—9: 30 Stem cell treatment
Prof. Yongquan GU (China)
The role of ultrasound ablation treatment  Prof. Ailin WANG  (China)

Discussion

Tea break

Symposium 6: Diabetic neuropathy and off-loading

Assessment of diabetic neuropathy: In the clinical and research settings.

Prof. Andrew Boulton (UK)

Off-loading techniques: Is the contact cast something in the past? What is there in the future?  Professor David Armstrong (US)

Footwear: Which patients need special footwear and what do they need?

Wong Wing WONG  (HK)

Orthopedic management to reduce abnormal foot pressure

Prof. Guangrong YU  (China)

Discussion

Symposium 7: Debridement and Dressings

What can we learn from the wound fluid collected from diabetic foot ulcers?

Professor Dennis Yue  (Australia)

Modern advances in dressings: What is the evidence?

Dr. Ali Foster  (UK)

Negative pressure wound treatment and other new strategies

Prof. David Armstrong (US)

The use of autologous platelet gel in treating non-healing ulcer

Prof Xingwu RAN  (China)

The use of honey in promoting wound healing

Professor Jiayuan  ZHU  (China)
15: 40—16: 00  How can dermatologists help in management of the diabetic foot?  
             Dr. Eiko Toichi (Japan)

16: 00—16: 20  Discussion

16: 20—16: 40  Tea break

**Symposium 8: Infection**

16: 40—17: 00  Infection of the diabetic foot—contentious issues in diagnosis  
                 Prof. Michael Edmonds (UK)

17: 00—18: 00  Update on the management of diabetic foot soft tissue and bone infections  
                 Prof. Benjamin Lipsky (US)

**Symposium 8  Team approach**

18: 00—18: 30  Strategies for incorporating the patient into the multi-disciplinary team  
                 Ms Ali Foster (UK)

18.30  Closing